

Appendix E: Worksite Evaluation Form

How Does My Company Compare?

What are the components of a comprehensive worksite wellness program?

Check and see if your worksite has the following:

- _____ Cohesive wellness committee
- _____ Person responsible for wellness committee
- _____ Formal mission statement
(with employee health identified as guiding principle)
- _____ Documented health promotion plan
(with a budget)
- _____ Programs available to employees and their spouses
- _____ Employee incentive or rewards program
(with documentation of participation and effectiveness)
- _____ Written policies related to corporate wellness
- _____ Evaluation process to determine the effectiveness of interventions
- _____ Compliance with state tobacco use restriction laws
- _____ Provides child care information and elder care information
- _____ Addresses work and family needs of employees
- _____ Provides a regular program for medical self-care
- _____ Addresses needs of diverse employee groups



**UTAH COUNCIL
for Worksite
Health
Promotion**

Contact the Utah Council for Worksite Health
Promotion (UCWHP) for more information.
www.health.utah.gov/worksitewellness